FRESH SHEET

@visitwestside /visitwestside **f t o**







www.visitwestside.com

Yoga Retreat

@ Cove Lakeside Resort

Aug 16-23

Each week in August a new guest yoga instructor with share their knowledge in an ashtanga inspired week that will challenge your body, spirit and mind.

Aug 16-23: Brandon Jacobs & **Heather Grazley**

Aug 23-30: Geoff MacKenzie Contact wipcoaching@gmail.com for pricing and to reserve your spot.

Music in the Park @Memorial Park



Free family friendly music. West Kelowna recreation staff will be back hosting games & activities for kids and food trucks will be operating during the concerts.

Schedule:

6:40 pm | TBD 7:00 pm | Impavid Funk/Folk 8:00 pm | Oktopus

Quebecois Klezmer

Westridge Car Show

@Westridge

Aug



Show off the wheels you are proud of (open to all vehicle types). Contests, prizes and entertainment. Every Friday 7pm 2484 Main St | Westridge Shopping Centre | home of Lordco

Westbank Farmers' Market

@Elliott & Main

Aug 18



Fresh local produce, fruit, artisans & entertainment.

It is KIDS DAY on the 18th and that always means fun!

9am-1pm. Corner of Elliott & Main.

Yoga in the Vineyard @ Off the Grid

Aug 19



Each Sunday into September enjoy yoga in the vineyard. \$10 Drop-in no need to register 3623 Glencoe Rd 10am-11am

LIVE MUSIC

BONFIRE RESTAURANT

Aug 17 - Deborah Gold

WHISKI JACKS

Aug 17 - Angie Heinze Band Aug 18 - Angie Heinze Band

RED FOX CLUB

Aug 17 - Kinga- 5-8pm



AUGUST 25th EVENTS

ART in the PARK Vineyard Trails | Grizzli Winery Plein Air Painting | hosted by New Moon @ Quails' Gate Vineyard Picnic & Live Music | Kalala Organic Estate Winery West Kelowna World Music Festival | Memorial Park





FRESH SHEET

www.visitwestside.com

#TuesdaySips@Various Wineries

Aug **21**



AUSTRIAN GRAPE VARIETALS will be featured for #TuesdaySips.

Explore and discover the differences in wine making styles during #TuesdaySips along the Westside Wine Trail.

Visit thewestsidewinetrail.com for more information on which wineries are pouring. Tasting fees may apply.

Dinner in the Vineyard

@Quails' Gate

Aug
22



Wine paired dinner amongst the vines. \$185 all inclusive. 250.769.2518 to book. 6 pm

Park Play Days

@a local park

21st & 23rd



Free casual drop-in program for children & their parents or caregivers. Variety of activities for children 2-8yrs. 9:30-11:30 am

Aug 21 - Vineyard on Vista Rd

Aug 23 - Westbank Centre on May St

LAST PARK PLAY DAYS of the SEASON

Trivia Thursdays

@ Kelly O'Bryans

Aug 23



Free to play - trivia games including general knowledge questions for all ages, a visual round and name that tune.
Rotating drink specials & 2 for 1 appies after 9 pm.
3470 Carrington Rd

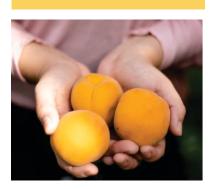
Yoga in the Vineyard @ Ouails' Gate

Aug 23



Each Thursday evening in July & August a relaxing & rejuvenating yoga class. Enjoy a glass of wine paired with small plates. \$45 pp 3303 Boucherie Rd. 6-8pm

FARM LOOP



Upick & Ready Picked

So much fruit to be enjoyed along the farm loop including peaches, plums, apricots and blackberries.

Visit <u>www.westsidefarmloop.com</u> for more information on our farms and hours of operation.

