

FRESH SHEET

@visitwestside /visitwestside



www.visitwestside.com

Yoga Retreat @ Cove Lakeside Resort

Aug
16-23

Each week in August a new guest yoga instructor will share their knowledge in an ashtanga inspired week that will challenge your body, spirit and mind.

Aug 16-23: Brandon Jacobs & Heather Grazley

Aug 23-30: Geoff MacKenzie
Contact wipcoaching@gmail.com
for pricing and to reserve your spot.

Westridge Car Show @Westridge

Aug
17



Show off the wheels you are proud of (open to all vehicle types). Contests, prizes and entertainment. Every Friday 7pm
2484 Main St | Westridge Shopping Centre | home of Lordco

Yoga in the Vineyard @ Off the Grid

Aug
19



Each Sunday into September enjoy yoga in the vineyard. \$10 Drop-in no need to register
3623 Glencoe Rd 10am-11am

Music in the Park @Memorial Park

Aug
17



Free family friendly music. West Kelowna recreation staff will be back hosting games & activities for kids and food trucks will be operating during the concerts.

Schedule:

6:40 pm | TBD

7:00 pm | Impavid
Funk/Folk

8:00 pm | Oktopus
Quebecois Klezmer

Westbank Farmers' Market @Elliott & Main

Aug
18



Fresh local produce, fruit, artisans & entertainment.
It is KIDS DAY on the 18th and that always means fun!
9am-1pm. Corner of Elliott & Main.

LIVE MUSIC

BONFIRE RESTAURANT

Aug 17 - Deborah Gold

WHISKI JACKS

Aug 17 - Angie Heinze Band
Aug 18 - Angie Heinze Band

RED FOX CLUB

Aug 17 - Kinga - 5-8pm

Upcoming Events

AUGUST 25th EVENTS

ART in the PARK Vineyard Trails | Grizzli Winery
Plein Air Painting | hosted by New Moon @ Quails' Gate
Vineyard Picnic & Live Music | Kalala Organic Estate Winery
West Kelowna World Music Festival | Memorial Park



West Kelowna Visitor Centre c/o Westbank Museum
2376 Dobbin Rd West Kelowna, BC V4T 2H9 Ph: 250.768.2712

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#TuesdaySips
@Various Wineries

Aug
21



AUSTRIAN GRAPE VARIETALS will be featured for #TuesdaySips.

Explore and discover the differences in wine making styles during #TuesdaySips along the Westside Wine Trail.

Visit thewestsidewinetrail.com for more information on which wineries are pouring. Tasting fees may apply.

Dinner in the
Vineyard
@Quails' Gate

Aug
22



Wine paired dinner amongst the vines. \$185 all inclusive. 250.769.2518 to book. 6 pm

Park Play Days
@a local park

21st
&
23rd



Free casual drop-in program for children & their parents or caregivers. Variety of activities for children 2-8yrs. 9:30-11:30 am

Aug 21 - Vineyard
on Vista Rd

Aug 23 - Westbank Centre
on May St

LAST PARK PLAY DAYS of the SEASON

Trivia Thursdays
@ Kelly O'Bryans

Aug
23



Free to play - trivia games including general knowledge questions for all ages, a visual round and name that tune. Rotating drink specials & 2 for 1 appies after 9 pm. 3470 Carrington Rd

Yoga in the
Vineyard
@ Quails' Gate

Aug
23



Each Thursday evening in July & August a relaxing & rejuvenating yoga class. Enjoy a glass of wine paired with small plates. \$45 pp 3303 Boucherie Rd. 6-8pm

FARM LOOP



Upick & Ready Picked

So much fruit to be enjoyed along the farm loop including peaches, plums, apricots and blackberries.

Visit www.westsidefarmloop.com for more information on our farms and hours of operation.



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