

FRESH SHEET

@visitwestside /visitwestside f t i p

www.visitwestside.com

Yoga Retreat @ Cove Lakeside Resort

Aug
23-30

Each week in August a new guest yoga instructor will share their knowledge in an ashtanga inspired week that will challenge your body, spirit and mind.

Aug 23-30: Geoff MacKenzie
Contact wipcoaching@gmail.com
for pricing and to reserve your spot.

Westridge Car Show @Westridge

Aug
24

Show off the wheels you are proud of (open to all vehicle types). Contests, prizes and entertainment. Every Friday 7pm
2484 Main St | Westridge Shopping Centre | home of Lordco

Vineyard Picnic & Live Music @ Kalala Winery

Aug
25



Be serenaded by the sounds of Graham Ord. Bring your own picnic, blankets or chairs. Tickets include a glass of wine from the wineship Tickets \$14. 5-8pm

Music in the Park @Memorial Park

Aug
24



Free family friendly music. West Kelowna recreation staff will be back hosting games & activities for kids and food trucks will be operating during the concerts.

Schedule:

6:40 pm | TBD
7:00 pm | Impavid
Funk/Folk
8:00 pm | Oktopus
Quebecois Klezmer

West Kelowna Warriors Game @ Royal LePage Place

Aug
24

The West Kelowna Warriors are back in action with a game against Salmon Arm. Royal LePage Place
2760 Cameron Rd | 7pm

Westbank Farmers' Market @Elliott & Main

Aug
25

Fresh local produce, fruit, artisans & entertainment.
It is KIDS DAY on the 18th and that always means fun!
9am-1pm. Corner of Elliott & Main.

Plein Air Painting @Quails Gate - hosted by New Moon Gallery

Aug
25



All mediums welcome. Noon enjoy a boxed lunch created by Quails' Gate & paired with wine. \$85 - includes lunch.
8am - 2pm | 3303 Boucherie Rd.

Aug
25
World Music Festival
3pm-8pm
Memorial Park
Free concert



West Kelowna Visitor Centre c/o Westbank Museum
2376 Dobbin Rd West Kelowna, BC V4T 2H9 Ph: 250.768.2712

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Art in the Park - Vineyard Trails

@ Grizzli Winery

Aug
25



Watch select guest artists unveil new artwork while describing their inspiration & creative methods.

10:30-4:00 | 2550 Boucherie Rd.

Dinner in the Vineyard

@Quails' Gate

Aug
29



Wine paired dinner amongst the vines. \$185 all inclusive. 250.769.2518 to book. 6 pm

Yoga in the Vineyard

@ Quails' Gate

Aug
30



Each Thursday evening in July & August a relaxing & rejuvenating yoga class. Enjoy a glass of wine paired with small plates. \$45 pp 3303 Boucherie Rd. 6-8pm

Yoga in the Vineyard

@ Off the Grid

Aug
26

Each Sunday into September enjoy yoga in the vineyard. \$10 Drop-in no need to register 3623 Glencoe Rd 10am-11am

Trivia Thursdays

@ Kelly O'Bryans

Aug
30

Free to play - trivia games including general knowledge questions for all ages, a visual round and name that tune. Rotating drink specials & 2 for 1 appies after 9 pm. 3470 Carrington Rd

FARM LOOP



Upick & Ready Picked

Visit www.westsidefarmloop.com for more information on our farms and hours of operation.

#TuesdaySips

@Various Wineries

Aug
28

SAUVIGNON BLANC will be featured for #TuesdaySips.

Explore and discover the differences in wine making styles during #TuesdaySips along the Westside Wine Trail.

Visit thewestsidewinetrail.com for more information on which wineries are pouring. Tasting fees may apply.

LIVE MUSIC

BONFIRE RESTAURANT
Aug 24 - Deborah Gold

WHISKI JACKS
Aug 24 - Jimmylegs
Aug 25 - Jimmylegs

RED FOX CLUB
Aug 24 - Mike Elliot - 5-8pm

Pickleball Tournament

**Super Seniors Pickleball
Tournament | August 23-25**
Mt Boucherie Raquet Centre
2811 East Boundary Rd
<http://www.canadiansuperseniorspickleball.ca/>



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