

# FRESH SHEET

@visitwestside /visitwestside    

[www.visitwestside.com](http://www.visitwestside.com)

**Go Fish**  
@Shannon Lake  
Regional Park

**May  
18 & 19**

Youth age 15 & under have a chance to catch one rainbow trout each day without a licence. Swite Rd 10am-3pm

**Spring Farm to  
Table Market Lunch**  
@Mission Hill

**May  
19**

Enjoy an al fresco lunch at Mission Hill that features an outdoor market from 'Unearthed Farms'. Tickets at 250-768-6400 11 am - 2 pm

**Sip & Dip Silk Scarf  
Workshop**  
@Volcanic Hills

**May  
19**



Sip on your favourite wine & create your own piece of wearable art. All ages welcome! \$39 12:00 pm - 5:00 pm

**Yoga & Cider**  
@Truck '59  
Ciderhouse

**May  
19**



Join Buddha Beats Yoga for a Sunday Yoga session and enjoy a cider tasting after the class. Recommended to bring own mat. \$30 at buddahbeatsyoga@hotmail.com. 4:00 pm - 5:30

**Go Fish**  
@Shannon Lake  
Regional Park

**May  
25 & 26**

Youth age 15 & under have a chance to catch one rainbow trout each day without a licence. Swite Rd 10am-3pm

## WEEKLY EVENTS

**Westridge Centre Car Show**  
Each Friday @ 5pm

**Trivia Night at Kelly O'Bryans**  
Each Thursday @ 8 pm

**22nd Annual Trek  
for Trails**  
@Gellatly Nut Farm

**May  
26**

Fundraiser to support advancement of trails & hiking in our community. 3 Hikes to choose from. All hikes lead by experienced hikers & are family friendly.

8:30 Register @Gellatly Nut Farm  
8:30-9:30 - Coffee & Timbits  
9:30 all hikes depart to trailheads

HIKES: Waterfront Trail at Kalamoior, Upper Rim Trail at Kalamoior, Gladstone Trail in Peachland

more info at  
[visitwestside.com/events](http://visitwestside.com/events)

**Run Through the  
Vines**  
@Off the Grid

**May  
26**



Tastings & light refreshments as you walk, wheel or run along scenic Glencoe Rd. Offerings from Ciao Bella, Kalala and Off the Grid wineries while supporting PLAN Okanagan. 2 or 4 KM race. Tickets online at Eventbrite. 10am-1pm



West Kelowna Visitor Centre c/o Westbank Museum  
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