

FRESH SHEET

Remember, new protocols are in place at many businesses. Plan, call ahead & enjoy!

VISIT WESTSIDE
west kelowna • westbank first nation
visitwestside.com

Rise & Vine Yoga



Sept 5 – Start your day by centering your mind and body in an outdoor lakefront yoga class. \$20 pp.
10-11 am | Frind Winery | 3725 Boucherie

Cider & Buti Yoga



Sept 6 – Start your Sunday off right with an outdoor yoga class suitable for all levels and a cider tasting after. \$30pp
4-5:30 pm | Truck '59| 3887 Brown Rd

The Canterbury Tales or... Geoffrey Chaucer's Flying Circus



Sept 4-7 – Outdoor play, presented by Crossing Creek Community Theatre, taking place at Grizzli Winery. Audience size limited to 50 people with max of 6 person/Bubble. Tickets at Westbank Museum or PostNet

7:30 pm | Grizzli Winery| 2550 Boucherie Rd

Westbank Farmer's Market



Sept 5 – Only 3 markets left in the season! Fresh produce, fruit, baked goods and vendors each Saturday. 9am – 1 pm
Corner of Elliott & Main (Hwy 97)

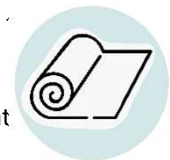
Summer Market



Sept 6 – Outdoor summer market hosted by Grizzli Winery and Craft Culture. 20 vendors in a beautiful outdoor setting
11am–4 pm | Grizzli Winery | 2550 Boucherie

Yoga & Wine @ Off the Grid

Sept 6 – Outdoor yoga classes - all levels welcome. Book online to reserve your spot \$20 -pls bring your own water & yoga mat
Offthegridorganicwinery.com
10-11am | 3623 Glencoe Rd



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Sunday Happy Hour Live Music – Trevor Salloum



SEPT 6– Bring your own picnic or purchase curated items in the wine shop for a charcuterie board. Enjoy a glass of wine & live music.
4-6pm | Grizzli Winery | 2550 Boucherie Rd

Winedown Wednesday with Purely Lucy



SEPT 9– A guided sensory meditation with wine engaging all the senses.
5:30-6:30pm | Grizzli Winery | 2550 Boucherie

Coming Soon | Starting Sept 17



Thursdays– Tremendous Trivia will be returning to Kelly O'Bryan's on Thursday nights!
8:00 pm | 3470 Carrington Rd

DINING

We have tons of dining options in West Kelowna.

From vineyard side and lakefront dining experiences to ethnic and Indigenous Cuisine as well as golf course and branded named restaurants, we have several options for you to discover!

Collectif Series @ Grizzli Winery Sept 4 - 11

The Collectif is a series of workshops and events designed to help you connect with one another, share laughs, drink wine, breath, smile, relax, and learn a new skill from mentors in our community- all while still maintaining a safe environment and social distancing.

- Sept 4** | Unwind Yoga | 5:30 pm
- Sept 8** | Resortative Yin/Yan Yoga | 10:30 am
- Sept 6** | Happy Hour – Live Music & BYOP | 4:00- 6:00pm
- Sept 9** | Winedown Wednesday | 5:30 pm
- Sept 11** | Yang to Yin | 5:30 pm

Tickets available at Eventbrite.ca and social distancing protocols are in effect.

