

BIRDING

map and guide



Birds of the Westside

How many birds can you spot? Use this guide to keep track of the different birds that you see on the Greater Westside (West Kelowna & Westbank First Nation). Each coloured circle represents an area on the map where you can see these species. Put an x over the circle once you have spotted the bird.



California Quail (C)
Callipepla californica

Often runs along ground in small groups.



Spotted Sandpiper
Actitis macularius

The male incubates the eggs and takes care of the young.



Trumpeter Swan
Cygnus buccinator

Similar to Tundra Swan, but doesn't have a yellow bill.



Wood Duck
Aix sponsa

Males have ornate colourful patterns.



Great Blue Heron
Ardea herodias

Adults stand over 1 metre high and weigh between 5-6 pounds.



VISIT WESTSIDE

west kelowna • westbank first nation



Belted Kingfisher

Megasceryle alcyon

Usually solitary, perched along edges of streams and lakes.



Golden-crowned Kinglet

Regulus satrapa

Found in conifer trees. Listen for high-pitched call notes.



Northern Shrike

Lanius borealis

Usually seen perched on a snag or powerline.



Red-naped Sapsucker

Sphyrapicus nuchalis

Drills rows of sap wells into tree bark. Irregular drumming.



Pileated Woodpecker

Dryocopus pileatus

Large woodpecker, makes oval shaped holes in decaying trees.



Great Horned Owl

Bubo virginianus

Their strong talons require 28 pounds of force to open.



Western Grebe

Aechmophorus occidentalis

Long, thin, yellow bill with a black cap and red eyes.



Greater Yellowlegs

Tringa melanoleuca

Shorebird with bright yellow legs. listen for 'tew tew tew' calls.



Lazuli Bunting

Passerina amoena

Breeding males have bright blue colour and orange breast.



Spotted Towhee

Pipilo maculatus

Large, long-tailed sparrow. Can be found in shrubby habitats.



Violet Green Swallow

Tachycineta thalassina

Can be seen in large flocks, often foraging over meadows.



Turkey Vulture

Cathartes aura

Raptor with a red head. Wobbles in flight.



Go to visitwestside.com/birding for more information about birds in the area.



Western Tanager

Piranga ludoviciana

Regularly visit flowers and feeds on many types of berries.



Calliope Hummingbird







Selasphorus calliope



This is the smallest bird in North America at 3" long.



What Bird Was That? Did you spot a bird that was not on this list? Use this space to write down descriptions or keep track of birds that you have seen.

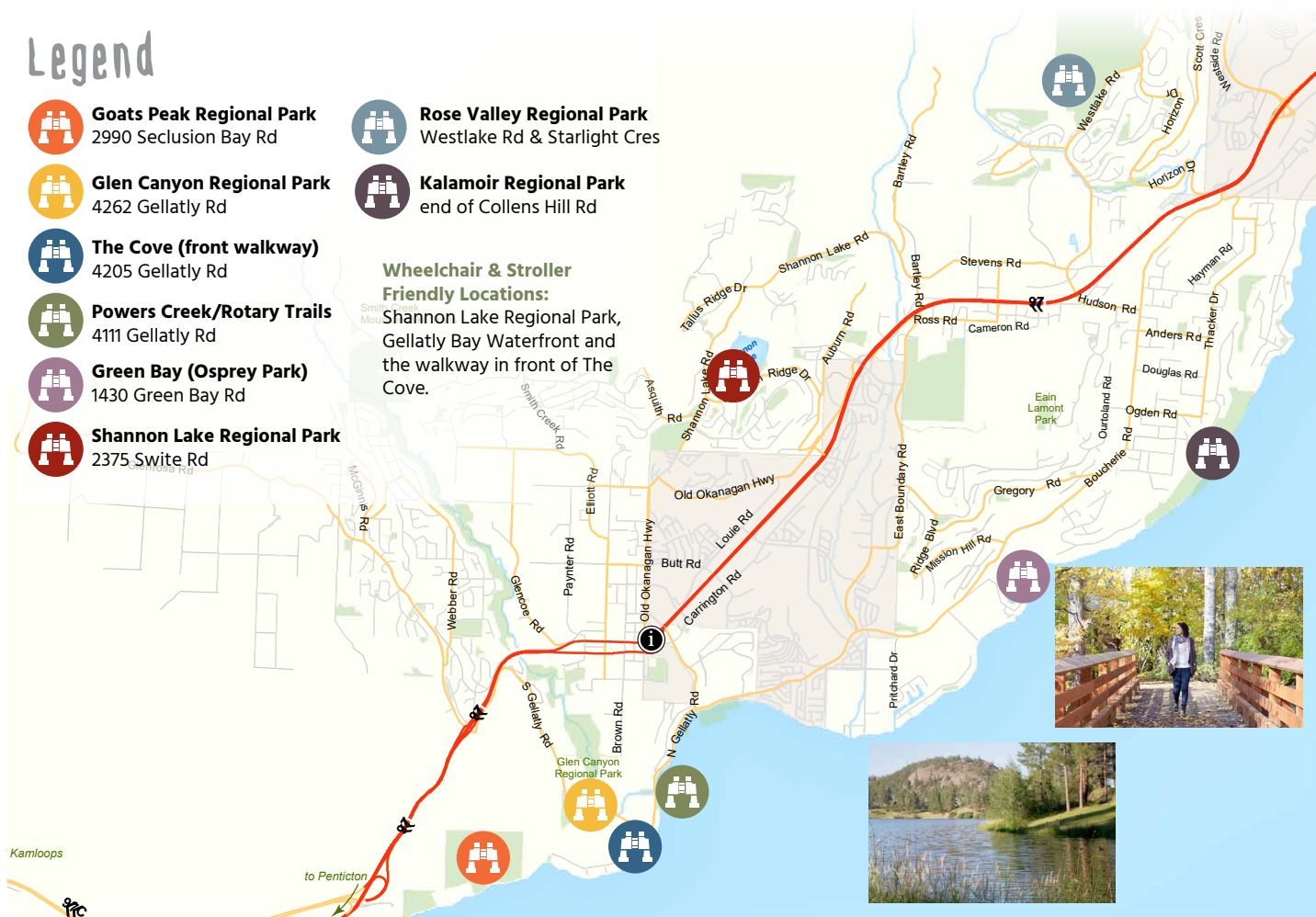
Legend

-  **Goats Peak Regional Park**
2990 Seclusion Bay Rd
-  **Glen Canyon Regional Park**
4262 Gellatly Rd
-  **The Cove (front walkway)**
4205 Gellatly Rd
-  **Powers Creek/Rotary Trails**
4111 Gellatly Rd
-  **Green Bay (Osprey Park)**
1430 Green Bay Rd
-  **Shannon Lake Regional Park**
2375 Swite Rd

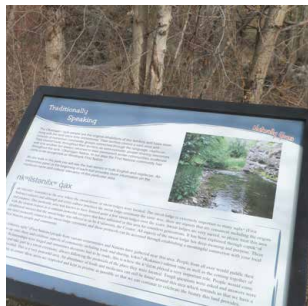
-  **Rose Valley Regional Park**
Westlake Rd & Starlight Cres
-  **Kalamoair Regional Park**
end of Collens Hill Rd

Wheelchair & Stroller

Friendly Locations:
Shannon Lake Regional Park,
Gellatly Bay Waterfront and
the walkway in front of The Cove.



nsyilxcən Trail markers



Did you know, nsyilxcən (n-see-yeel-x-sen) is the language of the Okanagan/syilx people? Many of parks and trails on the Westside have trail markers that feature nsyilxcən language and stories about the plants and animals that inhabit the area. Stories are an important part of knowledge sharing in the Okanagan/syilx community as nsyilxcən is traditionally oral in its entirety.

When hiking on the Westside, make sure you stop at the trail markers to learn more about the people who have inhabited these lands since time immemorial.



Killdeer
Charadrius vociferus

It's 'broken wing' act lures intruders away from its nest.



Merlin
Falco columbarius

Small falcon that feeds on small birds, capturing them in mid-air.



Bullock's Oriole
Icterus bullockii

The male sings to defend its nesting territory.



Birds to Watch For

Over 240 species of birds have been identified on the Greater Westside (West Kelowna & Westbank First Nation) by local bird watchers, with some being more common than others. The best time of year to spot birds is when they are migrating (March - May and Sept - Oct), as this is when you will see a greater variety of species. Birds can be spotted year round in the community.

Scan the QR Code and you will be taken to our website where we have a full list of birds that have spotted as well as some information on which birds you can see in each season.



Species that have been spotted

Raptors

Bald Eagle
Turkey Vulture
Merlin
Peregrine Falcon

Hummingbirds

Anna's Hummingbird
Calliope Hummingbird
Black-chinned Hummingbird

Owls

Western Screech
Great Horned Owl
Barred Owl
Flammulated Owl
Northern Saw-whet Owl

Woodpeckers

Lewis's Woodpecker
Pileated Woodpecker

Songbirds

Ruby-crowned Kinglet
Spotted Towhee
Lark Sparrow
Nashville Warbler

Sandpipers, Grebes & Waterfowl

Western Grebe
Long-billed Curlew
Hooded Merganser
Semipalmated Sandpiper
Cinnamon Teal
Ruddy Duck



Visit Westside is a tourism partnership program between Westbank First Nation and the City of West Kelowna.



www.visitwestside.com

West Kelowna Visitor Centre
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