

WELCOME

The Westside (as the locals like to call it) has always been appreciated for its quiet beaches, rolling hills of orchards, and fantastic outdoor activities. The small sleepy town that once was, has grown into a thriving city that has a 'rural sophistication' feel to it with vineyards, wineries, summer concerts, trails, and agricultural pursuits, along with shops that offer the familiar comforts of home. This land has been home to Okanagan/syilx people since time immemorial. They have a progressive and thriving Government and take ongoing pride in their culture and heritage.

SPECTACULAR VISTAS Our landscapes are the most

landscapes are the most photographed in the Okanagan Valley. Our dormant volcano, Mt. Boucherie, has created a terrain that is dynamic and interesting, while at the same time rich and lush. Its volcanic soil has primed the land for growing premium grapes. These vineyards, coupled with lake views and vistas, make for some spectacular pictures.

DEEP ROOTS Agriculture has been a way of life here for many years and farm-to-table is not just the latest fad. Many families on the Westside were true pioneers and innovators when it came to agriculture. The betterment and development of the nut growing industry in British Columbia began here at what is today known as the Gellatly Nut Farm Regional Park. The beginnings of the wine industry also got its start here with some of the oldest vines in the Okanagan being found on the Westside.

INDIGENOUS PEOPLES The syilx people have lived in the Kelowna (kiʔlawna?) and Westbank (stqaʔtkwəłniwt) area since time immemorial. Their rich history is passed down from each generation through ancient oral stories (captikwəł). As you travel around the Westside you will notice the Okanagan language (nsyilxcen) and Indigenous culture is deeply rooted in the community and featured on signage and public art.

YOUR STORY #visitwestside



We would love to hear about your Westside experiences. Tag your photos with #VisitWestside so we can

see what you have been up to and share them with others.

As you spend time in our community you will discover the people and the stories that make it unique.

Visit

www.visitwestside.com/blog for 'locals know' tips.



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top 10 things to do

- Swirl and sip your way along the Westside Wine Trail where you will find not only winery tasting rooms, but also restaurants, spectacular views, outdoor music concerts, art showings and wine education events.
- Do the 'Rush' the Boucherie Rush Trail. Discover some volcanic explorations while hiking up Mt. Boucherie, our 60 million year old dormant volcano.
- Take a self-guided public art tour of our murals and sculptures.
- Savour local flavours along the Westside Farm Loop. Farm Fresh product and ice cream are ready for your picking and tasting!
- Build a sandcastle along the sandy shores of Willow Beach or zipline into the sparkling waters of Lake Okanagan down at the Gellatly **Bay Waterfront.**

- Check out Westbank Centre for its collection of ethnic restaurants and Saturday's Westbank Farmers' Market. Pop over to Westbank Hub Centre for some Indigenous fare, including bannock.
- Rip it up on the trails of Smith Creek with your mountain bike.
- Cross Country Ski by day or under the moon at Telemark Nordic Club or snowshoe on their trails.
- Enjoy a leisurely stroll through the **Gellatly Nut Farm Regional Park** - a century old working nut farm and a Class A Heritage site.
- Discover the Indigenous history of the area with a trip to the Westbank First Nation's sncəwips Heritage Museum and stop by Spirit of the Lake Native Boutique for Indigenous gifts and art.





As the sunlight shines on the awaking vineyards, the birds begin their song. The early morning air is fresh, the gentle rolling vineyards are green and the lake begins to glisten. It is at this moment when the peacefulness of the Westside Wine Trail is most profound.

The day unfolds with visits to tasting rooms dotting the leisurely rural roads which are set along an idyllic backdrop of hills, scenic lake views and lush vineyards. Chance encounters with proprietors, vineyard managers and chefs happen and the true essence of farming and wine country takes place.

The personal connection and interaction with the people encountered along the wine trail creates

a fascinating blend of experiences that turn into lifelong memories.

The Westside Wine Trail is the place where you can taste the entire Okanagan all in one convenient area. Wineries here are terrior specific, but also have long standing partnerships with farmers in the South Okanagan and Similkameen, enabling visitors a diverse tasting experience. Discover local flavours one sip at a time, take in an outdoor concert or an evening out at a winery restaurant.

There is always something new to discover, no matter the season. The wineries of the Westside Wine Trail are easy to find, within easy reach of major centres and are open year round.





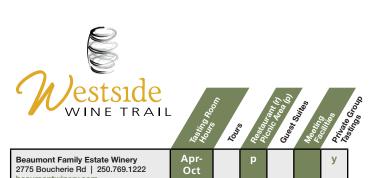












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Beaumont Family Estate Winery 2775 Boucherie Rd 250.769.1222 beaumontwinery.com	Apr- Oct		р			у
Black Swift Vineyards 2345 Boucherie Rd 778.755.3275 blackswiftvineyards.com	year round		р			У
Ciao Bella Winery 3252 Glencoe Rd 778.754.3443 ciaobellawinery.com	year round	У	р		у	у
Crown and Thieves 3887C Brown Rd 778.754.6968 crownthieves.com	year round		р			у
Frind Winery 3725 Boucherie Rd 778.754.1118 frindwinery.com	year round		r			У
Grizzli Winery 2550 Boucherie Rd 250.769.6789 grizzliwinery.com	year round	У	р			у
Indigenous World Winery 2218 Horizon Dr E. 250.769.2824 indigenousworldwinery.com	year round		r, p			у
Kalala Organic Estate Winery 3361 Glencoe Rd 250.768.9700 kalala.ca	year round		р			у
Little Straw Vineyards 2815 Ourtoland Rd 250.769.0404 littlestraw.bc.ca	year round		r		у	У
Mt. Boucherie Estate Winery 829 Douglas Rd 250.769.8803 mtboucheriewinery.com	year round		r			у
Mission Hill Family Estate 1730 Mission Hill Rd 250.768.6448 missionhillwinery.com	year round	У	r		у	у
Off the Grid Organic Winery 3623 Glencoe Rd 778.754.7562 offthegridorganicwinery.com	May- Oct		р			У
Quails' Gate Estate Winery 3303 Boucherie Rd 250.769.4451 quailsgate.com	year round	У	r, p	У	у	у
Rollingdale Winery 2306 Hayman Rd 250.769.9224 rollingdale.ca	year round		р			у
the hatch 3189 Boucherie Rd 778.755.6013 thehatchwines.com	year round		р			у
Volcanic Hills Estate Winery 2845 Boucherie Rd 778.755.5550 volcanichillswinery.com	year round		r		у	у



TOURS! Want to leave the driving to someone else? Book a wine tour with a tour operator on the Westside!



With deep roots in agriculture and award winning chefs, to Indigenous and ethnic cuisine, the people involved in the culinary scene here have the passion and the 'know how' to whisk one away on a culinary adventure.

INTERNATIONAL FLAVOURS

Our city centre is the place to go for international cuisine. On Main Street you can find Mediterranean, Indian, Mexican, Japanese, Italian, Chinese and Canadian restaurants.

FRESH LOCAL PRODUCE

During the summer months the fruit stands and weekly Westbank Farmers' Market offers up fresh local produce and hand crafted items each Saturday from 9am-1pm. Find the market on the corner of Main St & Elliott Rd from the beginning of July to the end of September.

SIPS AND SUDS

Kind Brewing, Lakesider Brewing Co, and Truck '59 Ciderhouse are quickly becoming local favourites. Tune into trivia nights while enjoying a pint of craft beer or enjoy a flight of cider while taking in the views. You will also be able to sips some spirits at Indigenous World Winery, which recently launched Indigenous World Spirits.

CAFES

Satisfy your caffeine addiction at one of our cafes which also offer up sweet treats and on-the-go lunches. From well known brands like Starbucks and Blenz to independent cafés like Bliss Bakery or Kekuli Café you are sure to find a tea or latte to help fuel your day.

FOOD TRUCKS

Love food truck fare? You can find food trucks set up at wineries or local events. When in season, daily food trucks can been found at Off the Grid Organic Winery and Truck '59 Ciderhouse, while other food trucks can be enjoyed on a rotating basis at Paynter's Fruit Market, the West Kelowna Visitor Centre and the hatch winery.















Great places for eats

- Looking for that perfect little breakfast place? Look no further than the Pepper Pot Grill for their hearty breakfast portions. The cheeky signs around the café will bring out the chuckles.
- Enjoy Indigenous cuisine and bannock at Kekuli Cafe.
- Embrace the 'eat local' philosophy at 19 Okanagan. The menu features many local ingredients and delicious cocktails.
- Stop by Kind Brewing, Lakesider Brewing Co, and Truck '59 Ciderhouse for some handcrafted beverages.
- Wine and dine at one of the wineries along the Westside Wine Trail and discover just how perfect that glass of pinot noir can pair with a meal.
- We have several cafes all offering a different atmosphere and treats. Stop into Blenz to see local art, Specialty Bakery for their Kelownut donut, or Donna's Fresh Cafe for Cinnamon Buns.
- Salmon has been one of the main foods of the Syilx people. At Okanagan Select you can taste and purchase this delicious wild salmon. Open Monday-Saturday with Tuesday being tasting day.
- Locally made fruit juices and kambucha can be enjoyed year round. Stop by the farm to see where the fruit from Westbank Harvest's juices are grown or hit the farmers' market or a health food store for locally made Bliss Tea Kombucha.
- Ingram Farms and Basswood Honey Farms are creating a lot of 'buzz' about their honey!
- Wood-fire pizza is served up at Pizzahmoreh or do takeout and eat it in a park.

TRAILS

Standing tall for hundreds of years, the Ponderosa Pine (S?atq\(wq\)) in the surrounding forests sway in the gentle breeze, with a light vanilla fragrance from their bark wafting through the air. The pecking of woodpeckers can be heard far off in the distance while the spectacular vistas of the lake, the mountains, vineyards and orchards lay below.

A community with trail heads so close by that the morning cup of coffee is still warm once arriving at them. Trails for hiking. Trails for biking. Trails for snowshoeing. And trails for breathing in the sweet Okanagan air and connecting to nature.

The abundance of wildlife on the Westside lends itself to many picture taking opportunities. Bald eagles, wild pheasants and pileated woodpeckers can be seen on the trails and landscapes. Glen Canyon Regional Park is an important migratory pathway for wildlife, so don't be surprised to come across deer or bears during treks in this park.



Did you know, nsyilxcən (n-see-yeel-x-sen) is the language of the Okanagan/syilx people? Many of parks and trails on the Westside have trail markers that feature nsyilxcən language and stories about the plants and animals that inhabit the area. Stories are an important part of knowledge sharing in the Okanagan/syilx community as nsyilxcən is traditionally oral in its entirety.

When hiking on the Westside, make sure you stop at the trail markers to learn more about the local first people.



popular hiking trails

- Marvel at 100 ft high cliffs and unique hoodoo rock formations while hiking through the linear canyon of Glen Canyon Regional Park (nİSawtm). 4262 Gellatly Road
- Hiking up a dormant volcano that is over 60 million years old is sure to be worth a story or two. Discover unique rock formations and streams of ancient solidified lava rock while exploring Mt. Boucherie (†q'wut ki?lawna?) and the newly construction Boucherie Rush Trail.
 2997 Boundary Road
- Hikers will be rewarded with panoramic views, the picturesque Goldies Pond and plenty of sightings of birds and wildlife when exploring the trails of Rose Valley Regional Park (wiwa?st snilaptan). There are three marked trail loops through Rose Valley Park with each having its own coloured sign, either yellow, orange, or pink, attached to trees beside the trails. 1949 Roselee Lane
- Carrot Mountain Bluffs offers stunning views with many hikers taking a photo of themselves with the Canadian flag that flies here. The trek is very challenging with loose shale and steep inclines. Located off Shannon Heights Place.

- Kalamoir Regional Park offers a leisurely hike along the lakeshore or be challenged by one of the hillside trails. In the spring the hillsides explode with a brilliant yellow colour when the Arrowleaf Balsamroot flowers bloom. Access at Collens Hill Rd or Casa Loma Rd.
- In the early 1900's the Gellatly family grazed their angora goats in the area that is now known as **Goat's Peak Regional Park**. This 52-hectare park holds significant value to the syilx people and the goal is to protect the unique ecosystem in the park while providing passive recreation opportunities. The park has two different trails for users to hike. 2888 Seclusion Bay Rd
- Adventure can be enjoyed no matter what one's ability is! CRIS Adaptive Adventures allows people to enjoy the outdoors through adaptive equipment. Learn more at adaptiveadventures.ca











waterfalls

Just blocks from downtown West Kelowna is a secret gem of a waterfall in Glen Canyon Regional Park (South). This fall is viewed from the **Powers Creek Falls** (skwlkwalt) Bridge and can be accessed from park entrance points at Glen Canyon Dr or Hebert Rd.

- Bear Creek Falls (səntulca?tn) is a two tiered waterfall that can be seen from both the Canyon Rim and Mid Canyon Trails at Bear Creek Provincial Park. This provincial park is located along Westside Rd, 7 km north of West Kelowna.
- · On a hot summer day, the light mist that drifts off of the Fintry Falls (sxwitkw) in Fintry Provincial Park (Westside Rd) is refreshing and beautiful. The deep cut canyon is impressive and the views are spectacular.
- For an easy and pleasant 15 minute walk, the trail to Hardy Falls (skwəςa?) in Peachland (Hwy 97) is well maintained with a series of bridges. It is well shaded and a great place to escape to during the heat of the day.

biking

It has been said that some of the best mountain biking in the Okanagan Valley can be found here in West Kelowna. Local trail crews make sure the trails are in top shape while the area bike shops offer group rides during the week. These group rides offer opportunities to explore the trails with local enthusiasts who 'live for the ride'.

Stop by Smith Creek Cycle (2440 Main St), Sovereign Cycle (3480 Carrington Rd) or Outbound Cycle (3011 Louie Dr) for information on the trails, group rides or bike rentals. Some of the top trails in the area include:

- Smith Creek Trails | 27 Trails | Primary Trail Type: Cross-Country
- Rose Valley Regional Park | 61 Trails | Primary Trail Type: Cross-Country
- Visit TRAILFORKS.COM for detailed trail info, routes, and more.



For maps on hiking, biking and snowshoe trails go to

great places for ...

ARROWLEAF BALSAMROOT FLOWERS

In the spring the slopes of Kalamoir Regional Park (yaccinitkw) are adorned with this beautiful yellow flower.

WATERFALLS Fintry Provincial Park offers easy walking on a variety of walking routes as well as a climb to waterfalls for the more adventurous.

History buffs will enjoy the park's historic buildings and estate farm buildings.

PARKS Burn off energy at the playgrounds of Marina Park, Pritchard Park and Gellatly Nut Farm. These playgrounds are lakefront, so a cool down in the lake can also happen.

KIDS Enjoy skateboarding, biking, basketball and hockey all at the Westbank First Nation Sport Court. Located on Quail Lane, the park is open to everyone and is a must see for families and children.

DOGS An off leash dog beach can be found on Gellatly Rd, with off leash dog parks on May St and Shannon Woods Dr.

TEENS Get your adrenaline going at **Safari Ridge**, an outdoor paintball and laser tag adventure park where you can also play Clash of Arrows Archery Games.

GOLF Strategic designs and beautiful backdrops combine for the perfect game of golf at Two Eagles or Shannon **Lake** golf clubs. For a leisurely afternoon of putting, try mini golf at 19 Greens.









great places to ...

GO FOR A ROMANTIC DINNER: Old Vines Restaurant at Quails' Gate Winery

SKATEBOARD: Two parks! One is on Old Okanagan Hwy and the other is the WFN Skateboard park featuring a drop-in bowl and pump track.

EAT HARD ICE CREAM: Paynters' Fruit Market

GO FOR A PICNIC: Rotary Park (Boucherie & Gellatly Rd)

FISH WITH THE KIDS: Shannon Lake Regional Park

ENJOY A COCKTAIL ON THE PATIO: 19 Okanagan

SEE LOCAL ART: New Moon Gallery

TOBOGGAN: Hudson Rd Elementary School on weekends

TENNIS COURTS: 860 Anders Road

PICKLEBALL: 1735 Pike Road

CHARGE AN ELECTRIC CAR: 3678 Brown Road or Mission Hill Family Estate



'Can't Miss' farm-to-table experiences

- Enjoy the best of the Okanagan bounty under the open sky at a long table dinner surrounded by people who enjoy good food, good wine and good company.
- Savour fresh local produce at our winery restaurants. Many of them have chef gardens and some sell their preserves in their tasting rooms. Stop by the Saturday Westbank Farmers' Market (July-Sept), a roadside fruit stand or head into an orchard or field to pick fruits and vegetables for a BBQ.
- Wander through the oldest working nut farm in BC! Come the fall, when it is harvest time, visitors flock to the Gellatly Nut Farm Regional Park to purchase nuts by the pound or experience the farm firsthand by picking the nuts off the ground themselves.
- Due to Public Health Order restrictions, many of our farm-to-table experiences have been put on hold this year. Please follow us on Instagram and Facebook so you can be the first to know of any new pop up dinners or experiences (depending on any new or loosening health orders).

	BLOSSOM	HARVEST
Apricots	April 10 – April 25	July 20 – August 10
Cherries	April 20 – May 7	July 1 – August 1
Peaches	April 20 – May 2	July 1 – Sept 1
Pears	April 25 – May 10	August 15 – Sept 30
Plums/Prunes	April 28 – May 10	August 15 – Sept 10
Apples	May 15 – May 20	August 15 – Oct 30
Nuts		late Sept – beginning of Nov
Grapes		September – October

There are few things more delightful than the first peaches of the season; the juicy sweetness is so simple and gratifying. The bounty of seasonal ingredients in the area inspires locals and visitors alike in their home cooking – where it is easy to pick up fresh items after a day at the beach or on the way home from work. Local chefs also embrace the lifestyle and can be seen at local farms and the farmers' markets.

The Okanagan is known for its veggies and fruit and has fans from around the world. Crops include peaches, cherries, plums, pears, apricots, tomatoes, melons, root vegetables, walnuts and apples to name a few. Along the quiet side roads are u-pick signs, trees laden with lush fruit and fields of berries and fresh produce. Stop by one and taste the Okanagan!

u-pick fruit/ berries/nuts

*please note u-pick is based on availability of crop – hours and seasons vary.

Cherrywood Farm – 3169 Shetler Dr

Gellatly Nut Farm Regional Park 2375 Whitworth Rd

Griffin Farms - 3344 Elliott Rd

Lazy U Farm - 3081 Elliott Rd

Paynter's Fruit Market – 3687 Paynter Rd

Westbank Farm Produce - 2672 Scharf Rd



www.westsidefarmloop.com

Visit the website for a full listing of fruit stands, orchards, farm sales, hours, and types of farm experiences.













WATERFRONT

The Gellatly Bay Waterfront promenade stretches 3 km along the shores of Lake Okanagan. The combination of crushed rock and pavement, along with wide walkways makes this stroller and wheelchair friendly. This walk links up to the Gellatly Nut Farm Regional Park. The quiet bay is popular for kayaking and swimming and along the stretch one can find an off leash dog beach, parks and playgrounds, a wharf and zipline as well as beach volleyball courts and a boat launch.





GELLATLY BAY

There is a time of the day when the air is still and the waters are like glass. It is before the swishes of small waves ashore and sounds of children's laugher float through the air. It is this time of day when the kayakers, stand-up paddle boarders and canoers head out to explore the pristine waters of Gellatly Bay and the shorelines of the Westside.

top 5 beaches

GELLATLY BAY WATERFRONT WILLOW BEACH 4061 GELLATLY RD

This sandy beach is a favourite and the sand is perfect for building sandcastles. With a volleyball court off to the side. picnic tables and trees for shade, it is the ideal all-ages beach destination.

GELLATLY BAY WATERFRONT MARINA PARK 4123 GELLATLY RD

This park is perfect for those with small children as both the park and beach areas are fenced in. Offering both grass and a pebble beach, the park area also has a playground and a covered picnic facility.

PRITCHARD PARK 1587 PRITCHARD DR

A favourite place for families, this park offers a sand and small pebble beach, grassy areas, a volleyball court, picnic tables, a playground as well as a swimming beach with a dock.

GELLATLY NUT FARM 2375 WHITWORTH RD

This historic nut farm also has a swimming beach! Large shade trees, a small rock beach with a gradual slope into the water, grass and a playground nearby make this a perfect 'off the beaten path' swimming beach to enjoy.

BFAR CRFFK PROVINCIAL PARK 107 WESTSIDE RD

The swim area is narrow, marked with buovs and covers over 400 metres of coarse sandy beach lakeshore. There are also grassy areas, picnic spots and change rooms in the day use area of this provincial park.



For more information on beaches, go to www.visitwestside.com/beaches

more ways to cool down



BOAT LAUNCHES

Gellatly Boat Launch | 4111 Gellatly Rd **John Dupuis Boat Launch** | 2675 Casa Loma Rd

STAND-UP PADDLEBOARDING

With the growing popularity of paddleboarding, the calm waters of Gellatly Bay are the perfect place for a leisurely paddle.

KAYAKING/CANOEING

Exploring Lake Okanagan can easily be done by kayak or canoe. With several lakefront parks along the waterfront in West Kelowna, rest spots, picnic areas, swim spots and wildlife abound. The vineyard views from the lake are beautiful and camera ready.

BOATING/WAKEBOARDING/SURFING

Whether it is tubing, wakeboarding, surfing or jumping into the middle of the lake off the end of your boat, the deep blue waters are calling. Two boat launches serve the community.

WATER SPRAY PARK

Join in the fun of guessing which spray apparatus will come on next! There are picnic amenities, change rooms, washrooms, as well as a perimeter walking trail. Water Spray Park hours of operation are mid May – mid Sept. open at 10 am. 2569 May St.

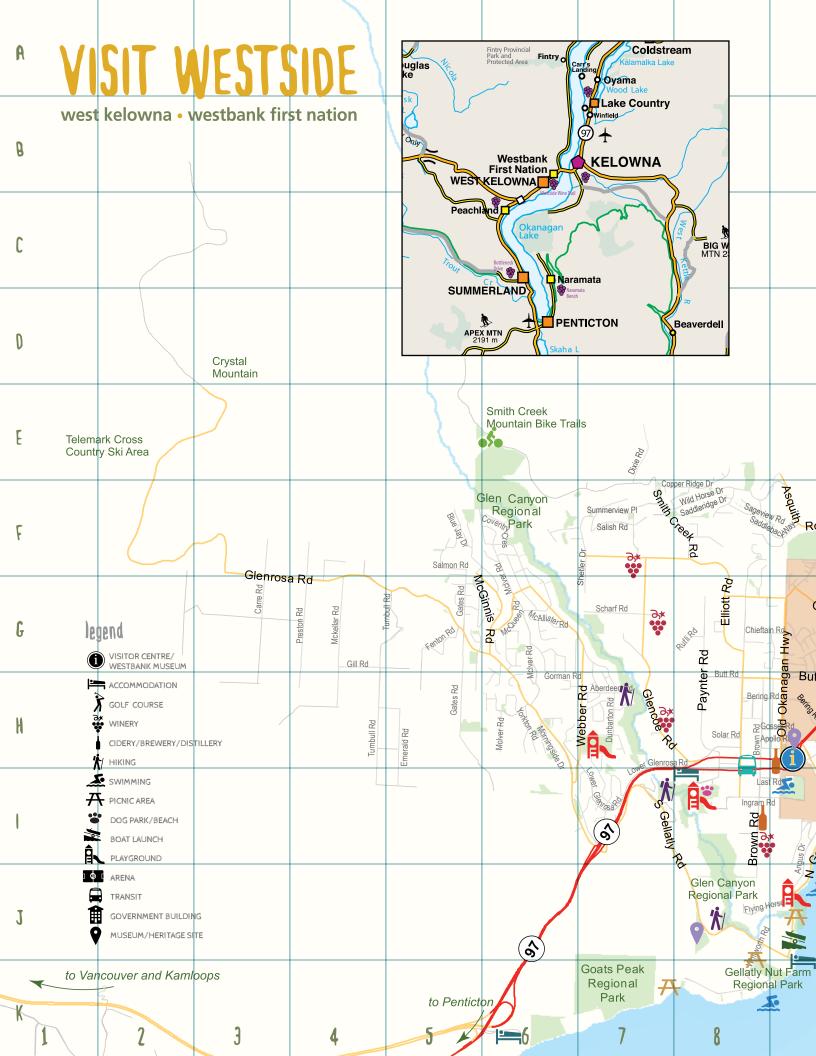
JOHNSON-BENTLEY MEMORIAL AQUATIC CENTRE

The perfect cool down alternative to the lake is the aquatic centre. Besides the full-size 25 metre pool there is a soaking pool, hot tub, steam room and super circuit fitness area. 3737 Old Okanagan Hwy.

ZIPLINING

Experience the thrill of ziplining over the lake and then dropping into the refreshing waters. Swim from shore or jump off the CNR Wharf to the floating dock to begin your ziplining fun! Gellatly Bay.









skateparks + pump tracks

WFN SPORT COURT 1920 Quail Lane

MEMORIAL PARK 3737 Old Okanagan Hwy

playgrounds (PG) + picnics (P)

ROTARY BEACH (P) Boucherie Rd

MARINA PARK (P, PG) 4123 Gellatly Rd

JOHNSON BENTLEY AQUATIC CENTRE (PG) 3737 Old Okanagan Hwy

PRITCHARD PARK (P, PG) 1595 Pritchard Dr

WESTBANK CENTRE PARK (P, WP) 2569 May St

SHANNON LAKE REGIONAL PARK (P) Swite Rd

WFN SPORT COURT 1920 Quail Lane

swimming pools + spray parks

JOHNSON BENTLEY AQUATIC CENTRE 3737 Old Okanagan Hwy

WESTBANK CENTRE PARK 2569 May St

courts

BASKETBALL COURT | WFN SPORT COURT

1920 Ouail Lane

PICKLEBALL COURTS

860 Anders Rd | 1735 Pike Rd

TENNIS COURTS

860 Anders Rd | Sandstone Dr



WESTBANK MUSEUM

Come face to face with stories and artifacts from area founders at the Westbank Museum (2376 Dobbin Rd). The museum houses over 6500 artifacts in its collection with displays depicting different moments in Westbank's time.

ALLISON HOUSE

Situated on the grounds of Quails' Gate Winery, the Allison House, built in 1873, is the oldest homesite in West Kelowna.

FINTRY

The delta at Fintry was named after Captain James Cameron Dun-Water's home in Scotland. He fell in love with the area on one of his journeys and purchased the land in 1908. Today visitors can tour the heritage buildings on-site, including the manor house, octagonal barn and packing house.

GELLATLY NUT FARM

The **Gellatly Nut Farm** (2375 Whitworth Rd) is now a regional park and it is currently the oldest working nut farm in BC. The history of the nut farm dates back to 1905 when David Gellatly Jr began testing nuts suitable for cultivation in Canada. Park Open Daily.

GELLATLY HERITAGE PARK

A restored log home and barn as well as a century-old Gellatly family cemetery can be seen at the Gellatly Heritage Regional Park. There is also a short interpretive trail and picnic area on site. Park Open Daily.



Sncawips HERITAGE MUSEUM

Visit the Sncəwips Heritage Museum, which holds an extensive collection of archaeological artifacts and historical and contemporary art and archives. Professional staff are dedicated to collecting, preserving, restoring, and interpreting archival, art and artifact collections. As a professional heritage organization, Sncəwips staff are also committed to the repatriation of syilx artifacts held by other museums.

To book a tour call 778.755.2787 or visit Tues-Fri 10am-5pm, Sat 10am-4pm #260 - 525 Highway 97S



try speaking some nsyilxcen

THE OKANAGAN LANGUAGE

ENGLISH	syilx	PRONOUNCIATION
hello	way'	short 'why'
good bye	way	longer 'why', change tone
thank you	limləmt	'leemlimt'
How are you?	ha t'i? kw xast	'hatee quwa hast'
mountain	wist	'weest'
lake	tikwt	'tee kwt'

Okanagan (syilx) Name	ENGLISH NAME	MEANING
skəmxist	black bear	Eldest of the four food chiefs
ntityx	salmon	Main food source
siya?	Saskatoon berry	Used as food & medicinally
mulx	Black Cottonwood	Medicinal use and fallen trees used for canoes
sxwusəm	soap berry	Used as food & medicinally







SOMETHING FOR EVERYONE

Indigenous Experiences

The Westside is home to Westbank First Nation, a member of the syilx/Okanagan Nation, and this self-governing community has more than 9000 residences and 400 businesses. Places to visit for Indigenous experiences include:

- Tasty bites from Kekuli Café. Here they serve of bannock, Saskatoon Ice Tea and Saskatoon berry smoothies.
- Okanagan Select has a tasting room and retail sales of canned wild salmon, frozen salmon as well as other salmon eats.
- Indigenous World Winery, the Okanagan's only Indigenous owned winery, for a tasting.
- sncəwips Heritage Museum for a self-guided museum tour where visitors are educated through a perspective that aims to foster cultural awareness in regards to the syilx nation. (Tues-Fri 10am-5pm, Sat 10am-4pm.)
- Spirit of the Lake Native Boutique for Indigenous artisan gifts.

History Lovers

Learn about the early settlers of the area and discover which streets and landmarks are named after them or take a walk through the oldest working nut farm in BC.

- Westbank Museum for a self-guided tour and learn about the Gellatly, Paynter and Jok families. Pick up a map and head out to see many of heritage buildings and parks.
- Gellatly Heritage Regional Park and see the century old Gellatly family cemetery and short interpretive trail.
- Gellatly Nut Farm Regional Park is a century old working nut farm that has nut sales take place in the fall with ready picked and u-pick options.
- Fintry Provincial Park where there is a historical Manor house and farm buildings. Learn about Captain James C. Dun-Waters and how he made the Fintry delta a garden of Eden back in 1909-1939.

Dog Friendly Places

- Gellatly Bay for the off leash dog beach
- Rollingdale and the hatch wineries
- Westbank Centre Park or Shannon Woods Park for an enclosed off leash dog park
- Cove Lakeside Resort and Best Western Wine Country Plus for pet friendly

Adventure Seekers

- Zipzone (outside of Peachland) for a blood pumping rush as you zip along the highest ziplines in North America.
- Safari Ridge Paintball and Lazer tag for a high tech game of hide and go seek.
- Hit some balls at the driving range at Two Eagles Golf Course or hit the links here and at Shannon Lake Golf Course.
- Mountain Biking at Smith Creek or Rose Valley or hiking on our trails.

Rainy Day Ideas

It is usually sunny here in the Okanagan, but if you are visiting and the rain hits, here are some indoor ideas for all ages.

- Take in some local art at the public library or view the works of local artisans at Blenz coffee shop.
- See a movie at one of our two movie theatres, matinees run daily during the summer months.
- · Head to the indoor playcentre 'Just4Fun', perfect for little ones to burn off some energy.
- Swim at Johnson Bentley Aquatic Centre and warm up in the hot tub/steam room.
- Get pampered with a spa service or pedicure at one of our day spas.
- Try some local sips at one of our wineries or craft brewery and ciderhouse.

Organic Sips

Spend the afternoon discovering the organic practices of some of our wineries. Wineries that have certified organic vineyards include:

- Beaumont Family Estate Winery
- Kalala Organic Estate Winery
- Mission Hill Family Estate
- Off the Grid Organic Winery
- Rollingdale Winery

Photo Safari

Why not take a photo safari and discover the beauty of the area through photographs. Some popular places for great captures include:

- Vineyards at Quails' Gate
- Hillsides of Kalamoir Regional Park in the spring
- Goats at Off the Grid Organic Winery
- Bell Tower at Mission Hill Family Estate
- Vintage truck in front of Little Straw Vineyards
- Old world style at Crown & Thieves

Foodies

Check out page 7 for some ideas



WINTER FUN

From action on the ice to the trails on the mountains, tons of winter fun can be found in West Kelowna! The powder filled valleys beckon cross-country skiers and snowshoers to come out to play, while the roar of the crowd in the local arena provides entertainment.

TELEMARK NORDIC CLUB

This 2500 acre site has over 50 km of groomed cross country skiing trails and an additional 24 km of snowshoeing trails. Your K9 friend can also join you for a snowshoe on a special 3.3 km K9 trail. The centre offers lessons for all ages and rentals are available at the chalet.

Night skiing takes place 7 days per week with trail lights on from dusk to 9pm.

SKATING

Jim Lind arena is a great place for public skating. For outdoor skating check out **Bull Mountain** at the top of Glenrosa. Skate rentals available at Jim Lind arena.

TRAIL RIDES

Experience some winter magic on horseback. **Broken Rail Trail Ranch** offers trail rides year round and at the end of the ride enjoy a warmup by the bonfire. Please note that winter trail riding is only available if the trail conditions are not icy for the horses.

TOBOGGANING

When the snow starts to fly everyone wants to know where the best toboggan hills are. The most popular spot to check out is Hudson Rd Elementary at 1221 Hudson Rd.

WINTER WINE TOURING

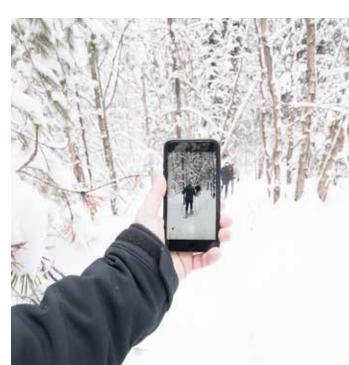
Winter is a great time to visit the wineries as the tasting rooms are less crowded. Stop by for a sip and if the weather is just right, you may see icewine picking taking place.

FAT BIKE

Haul out your Fat Bike or rent one from **Outbound Cycle** and hit the local trails year-round, just be sure to talk to the local bike shop for the best winter trails. 3011 Louie Dr.







THE ARTS

ARTISANS & STUDIOS

Many an artist has been inspired by the rolling hills of vineyards and orchards and visitors are welcome to stop by one of the many studios and galleries to view the works of the artisans (see our website for listings). Another great place to see the works of local artists on display is at the public library as well as Blenz.

Discover the artist in yourself at one of the Creative Art Series events that take place at Grizzli winery or explore the cultural expressions and stories of the Syilx First Nation people which can be seen in the sculptures and murals that are woven into the community like a tapestry. Learn more about them on our website.



self-guided public art tour

Okanagan Treasure

Artist: Frances Bezeau **Gellatly Nut Farm** 2375 Whitworth Rd

Coyote Sculpture

Artist: Smoker Marchand Hwy 97 & Campbell Rd

Our Westside History (mural)

Artist: Gerry Houghton Dobbin Rd (Hwy 97)

CNB School Mountie (mural)

Artist: Dean Lauze 2010 Daimler Rd

Medicine Bear

Artist: Smoker Marchand Hwy 97 & Butt Rd

Lake Serpent

Artist: Clint George WFN Health & Wellness Centre 1900 Quail Lane

Turtle Island/Four Food Chiefs/Four Elements

Artist: Clint George Sensisyutsen House of Learning 1920 Quail Lane

Four Food Chief Medallion

Artist: Janine Lott WFN Health & Wellness Centre 1900 Quail Lane

Harmonizing Mother Earth

Artist: Graham Pettman WFN gvt. buildings 201-515 Hwy 97

Hudson's Bay Co Fur Brigade Cairn

Hwy 97 & Old Okanagan Hwy

Sculpture on Main

Artist: Ken Blackburn Main Street (Hwy 97)

Faces of Youth

Artist: Jock Hildebrand Dobbin Rd (Hwy 97)

Artist: Smoker Marchand Hwy 97 & Butt Rd

Ogopogo

Artist: Smoker Marchand Okanagan Lake Landing Shopping Centre 525 Hwy 97 South

STAY & SHOP

www.visitwestside.com/stay

After a day of exploration and fun you will want to relax. Now let us help your home away from home! We have a wide variety

of accommodations to suit your needs. Here you will find hotels as well as waterfront resorts, cottages and charming Bed & Breakfasts.

The majority of our hotels are located right next to a trail head and minutes from the wineries with many of our B&B's being within walking distance to the Westside Wine Trail wineries and restaurants. Even our highway accommodations are located with convenience and relaxation in mind, with shopping, golf courses and fruit stands within walking distance.

If you love camping and RVing we have private campgrounds within the town boundaries, as well as provincial campgrounds, such as Bear Creek Provincial Park nearby.

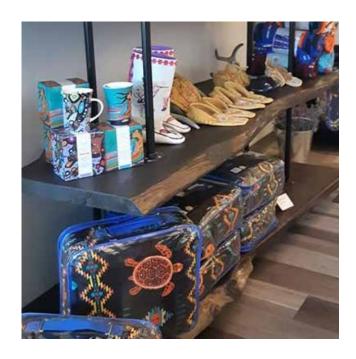
Join us for comfort and relaxation, we have got a spot just for you!



Simple and sophisticated or quaint and charming, shopping experiences are around every corner on the Westside. Handcrafted and sustainable items are highly sought after during the weekly summer market and annual festivals while the comforts of home with nationally recognized stores and independent boutiques can be found along the Highway 97 shopping corridor.

Experience the locale of the area with a trip to the wine shops where local preserves, cookbooks, art and gifts are available.

Main shopping hub areas include: Westbank Centre, Governors Landing, Westbank Hub Centre, Snyatan and Okanagan Lake Shopping Centre, all of which are located along Highway 97, and the wineries of the Westside Wine Trail.



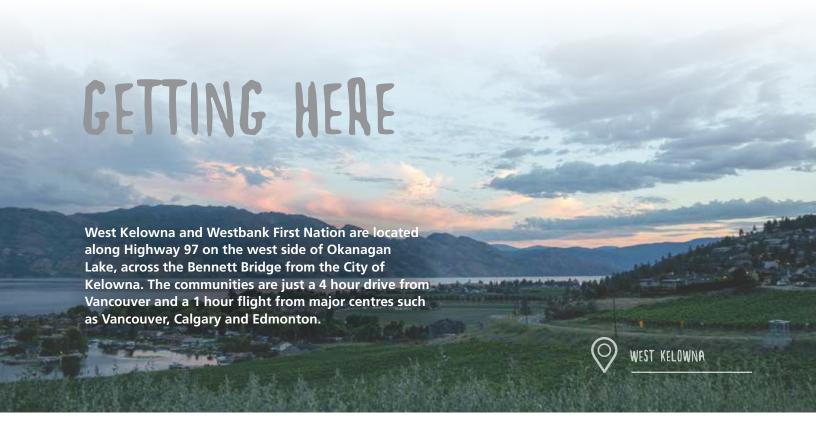


hotels, b&bs and camping

					COLUMN TWO	THE REAL PROPERTY.		1000		A CONTRACTOR
hotels	# of rooms	lakefront	exercise room	guest laundry	hot tub (h) sauna (s) pool (p)	kitchen suites	meeting facilities	pets welcome	restaurant (r) café (c)	complimentary breakfast
Best Western PLUS Wine Country Hotel & Suites 3460 Carrington Rd p. 250.707.1637 e. welcome@bestwesternwinecountry.com bestwesternwinecountry.com	99		У	У	hp			У		у
Casa Loma Lakeshore Resort 2777 Casa Loma Road p. 250.769.4630 e. reservations@casaloma.com casaloma.com	30	у		У	hp	у				
Cove Lakeside Resort 4205 Gellatly Rd p. 250.707.1800 e. info@thecovekelowna.com covelakeside.com	150	У	У	У	hp	у	у	У	r	
Holiday Inn West Kelowna 2569 Dobbin Rd (Hwy 97) p. 250.768.8879 e. reservations@holidayinnwestkelowna.com holidayinnwestkelowna.com	77		У		hp	у	у	у	r	
Seclusion Bay Resort 3050 Seclusion Bay Rd p. 250.768.3885 e. info@seclusionbay.com seclusionbay.com	15	У		У		у				
Super 8 West Kelowna 1655 Westgate Rd p. 250.769.2355 e. info@super8westkelowna.com	80		у	у	hp	у	у	у	r	у

b&b\$ (B&B Guild Members)	Rooms	Wineries Nearby	Children Welcome	Hot Tub (H) Sauna (S) Pool (P)	Large Suites, 2+ Beds	Pets Welcome	Private Entrance	Private Bath
A View to Remember B&B 1090 Trevor Dr p. 250.769.4028 e. innkeeper@kelownabandb.com kelownabandb.com	3	Υ	age 10+					Υ
A View of the Lake B&B 1877 Horizon Dr p. 250.769.7854 e. info@aviewofthelake.com aviewofthelake.com	4	Υ	age 12+					Υ
Cheers B&B 3282 Malbec Crescent p. 778.215.3925 e. najia@cheersbnb.com cheersbnb.com	3	Υ		Н				Υ

RV parks & campgrounds	Address	Website or Email	Phone
Bear Creek Provincial Park	Westside Rd	gocampingbc.com	online booking only
Okanagan RV Park	1865 Ross Rd	okanaganrvpark.com	250.212.0937
West Eagle Campground	2325 Old Okanagan Hwy	e. tarat@rmdgroup.com	250.768.7426
Louie's Lake Okanagan Beach Camping	416 Lindley Dr	please call for info	260.769.0109



distances

Kelowna, BC	12 km
Summerland, BC	25 km
Penticton, BC	45 km
Vernon, BC	66 km
Osoyoos, BC	103 km

Kamloops, BC	195 km
Vancouver, BC	446 km
Seattle, WA	490 km
Calgary, AB	580 km
Edmonton, AB	882 km









The West Kelowna Visitor Centre is part of the Destination BC Visitor Centre Network. Friendly, knowledgeable staff dish out local insider tips and offer up suggestions on what to do in the community and Okanagan Valley. Here resources such as maps, brochures, information on road conditions and accommodations as well as free wi-fi and washroom facilities can be found.

As a hub for information, the Visitor Centre is a great starting point for many of our trails and loops. Staff can provide maps on the Westside Wine Trail, Westside Farm Loop, Studio Tour and the Bead Trail as well as suggestions on where to eat, stay and other activities.

The West Kelowna Visitor Centre is located along Hwy 97, beside the Westbank Centre core. It is housed in the Westbank Museum, so plan on stopping for a little while longer to learn about the local history.



www.visitwestside.com





Official Visitor Guide produced by the City of West Kelowna in partnership with Westbank First Nation.





FOR MORE VISITOR/TOURISM INFORMATION:



West Kelowna Visitor Centre c/o Westbank Museum

2376 Dobbin Rd West Kelowna, BC V4T 2H9 Phone: 250.768.2712

Email: wkvisitorcentre@gmail.com

VISIT WESTSIDE



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